Condover Hall
Residential Activity Centre for Education, Exploration and Recreation

Monday 23rd June 2014
to
Wednesday 25th June 2014

Numbers
20 children
3 staff
(1 First Aider)
Condover Hall is a prestigious Elizabethan residential activity centre, hosting teambuilding and non-stop educational activity ideal for school children, sports groups and corporate team building events and conferences alike.
In 1947 the Hall was acquired by the National Institute for the Blind (now the Royal National Institute for the Blind).

Over the centuries many famous people have visited and enjoyed Condover Hall. These include Clive of India who rented the house during the early 1700s and the American writer Mark Twain (1835 – 1910) who visited the house in 1873 and 1879.

Condover Hall was opened in May 2011 for children and adults to experience a range of activities.
The accommodation comprises of several blocks, some within fenced areas. A member of staff is on call 24 hours a day. In the evenings Senior Staff are on duty until 11pm and porters patrol the grounds throughout the night from 11pm to 7am. Centre doors are secured in the evening and security barriers guard the entrance to the site.
Spacious multi-bedded dormitories are available for children with bunk beds and complimentary bedding.

Most dormitories offer en-suite facilities and depending upon the size of the group it may be possible to take over one or more of the accommodation buildings entirely.
Activities - outdoor

High Ropes Course
The high ropes course is designed to test participants and to overcome fears and encourage trust and team work.
Activities - indoor

Tunneling Room

An indoor 'tunnel system' allows participants to explore darkness, challenge their inner strength, search for clues and work as a team.

Laser Maze

Laser Maze will test your secret agent skills by climbing over and under laser beams without setting off the alarms.
Health and Safety

- Safety Management Systems and Policy have been independently inspected and verified. All centres comply with health and safety requirements with Public Liability Insurances.
- Each member of staff has a copy of the company’s Health & Safety Policy in their Training Manual.
- Centre Managers have a full-size First Aid Kit and each of the Instructors carry a First Aid Kit on activity sessions.
- Daily safety and equipment checks are made and recorded at all of our centres. Any equipment showing signs of wear is immediately taken out of commission and replaced.
- Full Risk Assessments completed for all activities
- Any accidents or near misses are recorded regularly and corrective action is taken to ensure that they are avoided in the future.
- Staff identified by uniform and name badges with photograph
- All staff members are CRB checked
- Duty Instructor is on call 24 hours
Accreditations and memberships include:

- BAPA - British Activity Providers Association
- LOrtC - Learning Outside the Classroom for educational provision and effective risk management
- AAIAC - Adventuremark (activities assessed for safety and risk management)
- AALA - Adventure Activities Licencing Authority (ensures safety standards are met)
- IOL - Corporate members of the Institute of Outdoor Learning
- Instructor/pupil ratio is 1:12 for activities. These ratios comply with the rules of the appropriate governing bodies
- Instructors take responsibility for their groups during activity sessions (teachers accompany children during activity sessions)
Typical day

Sample itinerary of a typical day. Please note that timings may vary slightly depending on the activity programme and the number of people on site at the time of your stay.

7:15 am  Wake up, wash and brush teeth, make beds.

8:00am  Breakfast.

9:00am  Get ready for your day!

9:20am  Your instructor will meet you at your accommodation or your first activity point.

9:30am  Your first activity begins.

11:00am  Second activity begins.

12:30pm  Lunch – you will need to go to your designated area.

1:50pm  Your instructor will meet you at your accommodation or activity point. Time for more fun!

2:00pm  Your third activity begins.

3:30pm  Your forth activity begins.

5:00pm  Free-time – leaders, you may have something fun planned, or you and the students can catch up with your friends in other activity groups.

5:30pm  Evening meal

6:30pm  Free-time – Time to recharge and visit the shop before the fun this evening.

7:00pm  Evening entertainment begins.

8:30pm  Return to rooms. Wash up, brush teeth and get ready for bed.

9:00pm  Quiet time in rooms.

10:30pm  Lights out. Time to sleep!
Restaurant  The large, light and open restaurant serves healthy and balanced meals

**sample menu**

**Breakfast**
A choice of cereals or cooked breakfast with bacon, sausages*, toast and scrambled eggs
A choice of tea, coffee or juices

**Lunch**
Fish fingers or vegetarian quiche, new potatoes and peas
Or wrap and baguette bar
Salad bar

**Dinner**
Tomato Soup
Roast Chicken*, roast potatoes and mixed vegetables
Vegetable lasagne
Salad bar
Rice pudding or ice cream
* Vegetarian options are available

Special dietary requirements such as Halal etc. can be catered for, but we MUST be notified AT LEAST 10 weeks prior to travel.
Tuck Shop/Gift Shop

Bright and inviting shop stocking sweets and merchandise.
What Should I Bring?

Clothes

• Socks and underwear
• Nightwear/pyjamas
• Trousers (it’s important that the students do not wear jeans while doing the activities for safety and comfort reasons)
• T-shirts
• Tracksuit
• Jumper/sweatshirt/fleece
• Waterproof jacket/anorak
• Waterproof trousers or trousers that can get muddy
• Clean indoor shoes, slippers e.g. Pumps etc (Slipper socks are not acceptable)
• Outdoor shoes /Trainers or Walking Boots (may get muddy)
• Swimming costume/shorts with a spare towel.
• Several plastic carrier bags for dirty clothes or shoes
**What Should I Bring?**

**Toiletries**
- Tooth brush
- Toothpaste
- Sponge
- Soap
- Shower gel
- Hair products, i.e. shampoo/conditioner
- Hair ties
- Wash bag
- Sun cream

**Other**
- Water bottle
- Sunglasses
- Book to read
- Towels
- Hat/cap
- Trainers or other substantial footwear

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Any medication you need **must** be labelled and given to Mrs Pitt

Any money (not exceeding £10.00 – in change) should be in a labelled purse or wallet and given to Miss Burke on the day before leaving.

- *Tee shirt* – £5.00 (ages 9-11 or 12-14 years)
- *Lanyard* – £2.00
- *Cap* – £4.50
- *Water bottle* – £3.50
- *Shopping bag* – £3.50
- *Tee shirt & Lanyard combo* – £6.00
You must I **not** bring?

Mobile Telephones

Any sweets or food as these encourage mice in the dormitories

Electric equipment of any kind. This includes hairdryers, straighteners, MP3 players (iPods etc), games machines (DS/PSP etc). These have a habit of going missing or getting broken. You won’t have time to use them anyway!

Aerosol body sprays or deodorant – these set off the fire alarms – buy roll on!

Knives or weapons of any kind, (even if toys) for obvious reasons

**Please remember to name/label clothing and footwear before you come**
Medical Forms

- Must be completed and returned ASAP!

Dietary Requirements/medication etc

- Must be completed and returned ASAP
- Travel sickness tablet before coming to school and tablet in a named envelope for return journey
Final Payments

No one can go on the trip who has not paid in **full!**