



Life Education

Central England

Family Learning Health Workshops - Parents Evaluation Report

School Name:	Stanville Primary	Children Attending:	58
Date of Visit:	4 July 2018	Parents Attending:	58
Educator:	Lynn Mansell	Evaluations Returned:	21
		Year Group(s):	1

100% of parents enjoyed taking part in the workshop

Comments

I love it. Really enjoyed working with my daughter. Lovely spending time together. Great fun. He loves doing activities, so a great way for him to learn. My daughter enjoyed it. Plenty of activities to keep us busy. Good fun, my child said he enjoyed the workshop. It was good to engage with my child to show school is good and fun. Nice to do something in school together. It was good fun and something different. It was great fun, something different with the kids, enjoyable and important. My child has had more knowledge of the healthy world in an enjoyable way by playing and colouring. It was fun to interact with my son in a different environment. It had lots of information on things that kids didn't know.

Activities parents enjoyed the most

Comments

Colouring. Physical activity, Zack always loves them. The drawing and creative ones (star, fan, rainbow) as this is what my son enjoys doing. I enjoyed showing my child the bones in the body. Fan making, cutting, colouring. Body parts activity. The feelings activity. Keeping your teeth healthy. Skeleton. Arts and crafts as my child and me enjoy these at home. Brushing the teeth and making the food. Making a medal. The exercise. All of them.

Activities parents enjoyed the least

Comments

Liked them all. Joining the body parts. None. Putting food on plate, he is really fussy. Brushing the teeth. Food activity, struggled to talk about food as his ASC. Reading the books. Inside the body. Dinner plate activity.

76% of parents learning something new by taking part in share activities

Comments

That Romans first brought grapes into the UK. It's the basics I already know. How much sugar intake the child/adult have. Sugar intake of kids. About the bones, how many we have as babies and adults. How much sugar is in certain things. How to explain things to my child. My child's understanding of how it is good to be healthy. To brush teeth for longer. Where the liver is. Rainbow food. All about healthy/non healthy. There are 40 teaspoons of sugar in a bag of jelly babies!!!

62% of parents that would change something regarding healthy choices for them and their family
Comments

No more sugar. Eat more healthy food. Eat more fruit and exercise. Offer more choice. Less sugary drinks. We generally avoid sugar and sweets and try to eat healthily. We already buy sugar free in every aspect and limit one sugary food intake. Brush teeth more, veg such as avocados as my child seemed willing to try them and we have them at home. Don't need to change as we are healthy already.

33% of parents thought the workshop could be improved
Comments

I think it is fine. Very good workshop. It was good thank you. Possibly some mass participation, eg quiz, etc. Refreshments. Lovely activities, great mixture. A bit more guidance. Bit chaotic. More about why bad foods are bad. Not really, it was all very good. The presenter was informative, friendly and engaging.

Parents felt that teacher running workshop was

76% Excellent

20% Good

2% Not Very Good